



# **7-Minute Marriage Solution, The: 7 Things to Start! 7 Things to Stop! 7 Minutes That Matter Most!**

*Stephen*

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**Can 7 Minutes Make a Difference?**

If you're thinking the 7-minute solution to a happier marriage sounds far too simplistic, even a bit crazy, we dare you to read this book. It will revolutionize your marriage!

## **THE THREE 7s IN YOUR MARRIAGE**

Drawing from an extensive national survey of more than 1,300 men and women, best-selling author Stephen Arterburn first reveals 7 things you must stop doing that damage your marriage. Second, he presents 7 positive things you must start doing to build a great marriage. But most important: he tells you what to do if your spouse is not willing to do anything. As Arterburn explores those behaviors with real-life stories and biblical insight, you will discover fresh ideas and greater motivation to make your marriage thrive.

Finally, Arterburn reveals a final 7 that brings you to the heart of the matter! The 7 minutes that will matter most for any couple, no matter whether you're just thinking of getting married or have been together for many years. Once you get it, you'll never question the 7-minute marriage solution!

\*\*\* Includes a study guide and links in each chapter to additional online teaching videos.

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