



Natürliche Wellness für Körper und Geist (German Edition)

Lucy Shine

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Sie wünschen sich eine schöne Haut von Kopf bis Fuß und Erholung pur?

Dann tun Sie sich etwas Gutes und entscheiden Sie sich für dieses Buch.

Durch natürliche Zutaten können Sie sich ganz einfach eine zarte Haut zaubern und zugleich entspannen. Mit verschiedenen Ölen und Salzen können Sie Badekugeln, -pralinen, -salze, -öle, Peelings und Masken **selber herstellen** und Ihr Badezimmer mit herrlichen Düften füllen.

Beinhaltet sind verschiedene Rezepte, Tipps und Wissenswertes über die Haut.

Erschaffen Sie sich selber eine Wellnessoase und tun Sie gutes für Ihren Körper und Ihren Geist oder verschenken Sie etwas Selbstgemachtes.

Entscheiden Sie sich jetzt, mit nur einem Klick, dafür und probieren Sie es noch heute aus!

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