



# The Art of Letting Go

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## **The Art of Letting Go** Thought Catalog

We often struggle to let some people go especially when they made that decision. We question the universe, we question ourselves and we question everyone around us but we never truly get our answers. Letting someone go takes time, patience and commitment to actively stop ourselves from relapsing and thinking about that person again. The Art Of Letting Go helps you understand why, how and when you should let someone go so you can move on and never look back.

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