



# Taking the Plunge: A Practical and Spiritual Guide to the Mikveh

*Miriam Berkowitz*

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## **Taking the Plunge: A Practical and Spiritual Guide to the Mikveh** Miriam Berkowitz

Taking the Plunge is a comprehensive mikveh resource for Jews across the religious spectrum. Couples getting married, couples beginning to observe family purity laws, couples who already observe but are looking for new ways to understand the language and history, women and men creating new rituals for healing or celebration, and rabbis teaching and preaching about mikveh - will all find something useful and meaningful in this volume. Rabbi Berkowitz's frank discussion of contemporary issues alongside traditional sources makes this book timely and unique.

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