



Musculoskeletal Essentials: Applying the Preferred Physical Therapist Practice Patterns(SM) (Essentials in Physical Therapy)

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Musculoskeletal Essentials: Applying the Preferred Physical Therapist Practice PatternsSM answers the call to what today's physical therapy students and clinicians are looking for when integrating the *Guide to Physical Therapist Practice* as it relates to the musculoskeletal system in clinical care.

As a part of **Essentials in Physical Therapy** led by Series Editor Dr. Marilyn Moffat, *Musculoskeletal Essentials: Applying the Preferred Physical Therapist Practice PatternsSM* is edited by Dr. Elaine Rosen and Dr. Sandra Rusnak-Smith in a user-friendly format that not only brings together the conceptual frameworks of the *Guide* language, but also parallels the patterns of the *Guide*.

In each case, where appropriate, a brief review of the pertinent anatomy, physiology, pathophysiology, imaging, and pharmacology is provided. Each pattern then details two to five diversified case studies coinciding with the *Guide* format. The physical therapist examination, including history, systems review, and specific tests and measures for each case, as well as evaluation, diagnosis, prognosis, plan of care, and evidence-based interventions are also addressed.

Sample Cases in Some of the Practice Patterns Include:

- Primary Prevention/Risk Reduction for Skeletal Demineralization: A post-menopausal female, previous smoker and non exerciser; a patient with osteopenia due to prolonged glucocorticoid steroid use; a marathon runner with osteopenia of the femoral necks
- Impaired Posture: A patient with impaired posture and radicular symptoms; a patient with excessive foot pronation causing pain up the chain, a patient with Scheuermann's Disease
- Impaired Joint Mobility, Motor Function, Muscle Performance, and Range of Motion Associated with Connective Tissue Dysfunction: A patient with complex regional pain syndrome of the foot/ankle; a patient with temporomandibular joint dysfunction; a patient with fibromyalgia syndrome
- Impaired Joint Mobility, Motor Function, Muscle Performance, and Range of Motion Associated with Joint Arthroplasty: A patient with a hybrid total hip arthroplasty; a patient with bilateral total knee arthroplasties; a patient with a total shoulder arthroplasty; a patient with rheumatoid arthritis post MCP joint implant arthroplasties and arthrodesis of the PIP joints; a patient post ligament reconstruction tendon interpositional arthroplasty
- Impaired Joint Mobility, Motor Function, Muscle Performance, and Range of Motion Associated with Bony or Soft Tissue Surgery: A patient with dementia and a femur fracture; a patient 6 weeks post tibia and fibula fracture; a patient with a rotator cuff repair; a patient one week post ACL reconstruction

At long last, Dr. Marilyn Moffat, Dr. Elaine Rosen, and Dr. Sandra Rusnak-Smith have created a book that will integrate the parameters of the *Guide* as it relates to the musculoskeletal system, into the practice arena, that not only covers the material but also allows for a problem-solving approach to learning for educators and students.

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Practice Patterns(SM) (Essentials in Physical Therapy) nevertheless doesn't forget the main level, giving the reader the hottest as well as based confirm resource information that maybe you can be among it. This great information can draw you into fresh stage of crucial thinking.

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