



How to Overcome Your Fear of Heights with Hypnosis

Benjamin P Bonetti

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Do you have a fear of heights? Does the thought of heights induce an uncontrollable fear? Have you been restricted by the fear of heights for far too long? Is it time you changed this bad habit forever?

If you have been struggling with a fear or phobia, is it time you took the action to release those restrictive natures? Are you ready to live your life with true intention? Why not release, breathe, and let go right now?

Why not regain control of your life with this highly effective hypnotic recording from master hypnotherapist and trainer Benjamin Bonetti? This recording utilizes Benjamin's highly successful advanced "The Energy Ball" hypnotherapy technique to release and free negative emotions, fears, and phobias. Simply listen to this deeply relaxing journey and immerse yourself within this hypnotherapy recording for as long as you feel the need.

For full effect it is recommended to use this hypnotherapy session just before going to sleep at night, using headphones.

WARNING: Not suitable for under 18s. Do not use if you suffer from epilepsy, clinical depression, or any other nervous or psychiatric conditions or whilst driving, exercising, operating machinery, or taking alcohol or drugs. If in doubt seek medical advice.



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