



The Anarchist Cookbook

Keith McHenry, Chaz Bufe

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From the cofounder of Food Not Bombs, an action-oriented guide to anarchism, social change, and vegan cooking

Unlike the original *Anarchist Cookbook*, which contained instructions for the manufacture of explosives, this version is both a cookbook in the literal sense and also a “cookbook” of recipes for social and political change. The coffee-table-sized book is divided into three sections: a theoretical section explaining what anarchism is and what it isn’t; information on organizational principles and tactics for social and political change; and finally, numerous tasty vegan recipes from one of the cofounders of the international Food Not Bombs movement.

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Rosemary Lafleur:

Precisely why? Because this The Anarchist Cookbook is an unordinary book that the inside of the book waiting for you to snap the item but latter it will distress you with the secret that inside. Reading this book close to it was fantastic author who also write the book in such remarkable way makes the content inside of easier to understand, entertaining way but still convey the meaning fully. So , it is good for you because of not hesitating having this any longer or you going to regret it. This book will give you a lot of positive aspects than the other book have got such as help improving your ability and your critical thinking way. So , still want to hesitate having that book? If I have been you I will go to the book store hurriedly.

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