

The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5)

Cynthia Van Edwards

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# The PMS Coloring Book

by Cynthia Van Edwards

[MATURE CONTENT] This is a coloring book devoted to each and every woman on the planet earth who must, at some point, face the realities of P.M.S. For some it isn't a big deal, but for the other 99.96% of us... it hurts like a mother-f'er. So get out your pens, sharpies, markers, colored pencils, or lipstick and let's bring out those thoughts and feelings so that we don't murder those closest to us during that time of the month when Lucifer seems to we washing out our insides.

It's easy to get really angry sometimes... so we started coloring swear words. This is the *Midnight BLACK edition*, which uses open Black backgrounds so that your colors literally pop off the page and you can walk around like a lazy eyes psycho and show people what you did last night when you weren't going batshit crazy! What you're left with are really unique and beautiful pieces of art.

Show your support or contempt with your pens, pencils, crayons, markers, or lipstick! The main idea with this book was to provide the colorist with brilliant and stunning images to color, but then to really shake things up by splicing in dirty quotes, swear words, clever but vulgar sayings, sh\*t like that. It's an eye raping to be sure. Only until you finish coloring each image will the true profanity take it's shape. So be brilliant you son (or daughter) of a b\*tch! Show us what you've got!

This book has been a collaborative effort between artists, designers, and psychologists. This book not only soothes you, but also increases mental stimulation. The pictures and designs may seem random at first glance, but they're anything but.

Our idea with this project was to both inspire you, and increase neuronal activity and stimulation in a way

that activates very unique parts of your mind. There are fields of research suggesting that both children and adults who work with coloring books and designs can effectively raise their IQ.

So have fun, relax, let the markers and pens do what they will, and hang on for an incredible, mind altering ride!

We hope to give the designer (you) a very introspective and mind expanding experience



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#### **Brandon Harmon:**

The e-book untitled The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) is the reserve that recommended to you to read. You can see the quality of the reserve content that will be shown to you. The language that creator use to explained their way of doing something is easily to understand. The article writer was did a lot of study when write the book, therefore the information that they share for your requirements is absolutely accurate. You also might get the e-book of The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) from the publisher to make you far more enjoy free time.

#### Mildred Yen:

A lot of people always spent their very own free time to vacation or maybe go to the outside with them household or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, or maybe playing video games all day long. If you would like try to find a new activity that's look different you can read some sort of book. It is really fun for yourself. If you enjoy the book you read you can spent all day long to reading a e-book. The book The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) it is very good to read. There are a lot of folks that recommended this book. These folks were enjoying reading this book. Should you did not have enough space to develop this book you can buy the e-book. You can m0ore easily to read this book from a smart phone. The price is not to fund but this book provides high quality.

## **Gregory Rivera:**

Is it anyone who having spare time after that spend it whole day simply by watching television programs or just laying on the bed? Do you need something new? This The PMS Coloring Book: A Stress Relieving Adult Coloring Book (Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) can be the answer, oh how comes? A book you know. You are therefore out of date, spending your extra time by reading in this fresh era is common not a nerd activity. So what these guides have than the others?

## **Rose Watkins:**

As we know that book is very important thing to add our understanding for everything. By a reserve we can know everything we wish. A book is a list of written, printed, illustrated or even blank sheet. Every year ended up being exactly added. This guide The PMS Coloring Book: A Stress Relieving Adult Coloring Book

(Midnight, Black Edition)(PMS Relief, Coloring Books for Adults, Swear Word Coloring ... Books & Swear Word Coloring Books) (Volume 5) was filled about science. Spend your free time to add your knowledge about your science competence. Some people has distinct feel when they reading any book. If you know how big selling point of a book, you can sense enjoy to read a e-book. In the modern era like currently, many ways to get book that you just wanted.

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