



If Only You Would Change : What to Do When Your Marriage Is Not What You Thought It Would Be

Mark Luciano, Christopher Merris

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Resentment can break down trust and intimacy within your marriage, hindering the growth of your relationship. With this in mind, Mark Luciano and Father Christopher Merris have developed a Bible-based, twelve-step plan that helps each partner move beyond resentment. These twelve steps, adapted for Troubled Couples Anonymous, work with interactive exercises and personal stories to encourage and motivate you as you learn how to overcome resentment and restore genuine, lasting health to your marriage.

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