



Hyperactive Child: Attention Deficit Hyperactivity Disorder - A Practical Self-help Guide for Parents, Teachers and Health Professionals

Belinda Barnes, Sally Bunday

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This is a practical self-help manual explaining what hyperactivity is, what is causing it and how you can set about dealing with the problems without drugs. It includes advice about how diet can help, environmental, chemical and food allergies and how hyperactivity can be prevented.

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